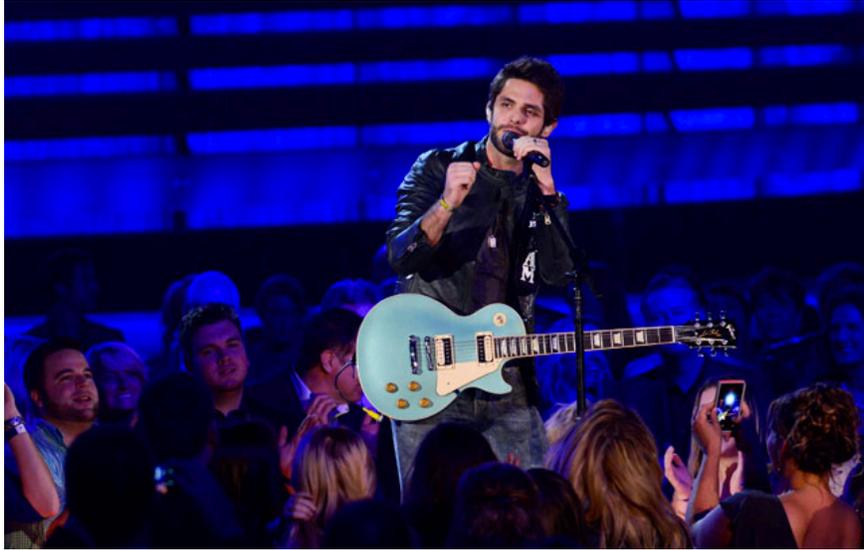


Men's Health

3 Style Tips You Can Take from Country Singer Thomas Rhett



Thomas Rhett had a smooth transition into fame. He learned to fit in with the stars by revamping his style and standing strong in the face of competition. When it comes to style and grooming, every guy can learn from Rhett's minimal mindset, which proves that bolder isn't always better.

1. Find a compromise between lazy Sundays and red carpet swagger: Rhett's on-stage style allows him to move while doing his job. On stage he sports a cool T-shirt (one of his favorite brands is Replay) and tight jeans over a telling layer—Lululemon compression shorts. This shouldn't have surprised us since off stage, Rhett prefers athletic shorts and sweatpants, and ditches his cowboy boots for sneakers.

His only occasional crossover from on stage to off is his baseball cap. (Although he takes the hat off for formal events, when he loves to wear suits and his favorite brand, Hugo Boss.) "The perfect hat is all about getting one that fits your head correctly," Rhett says. If you aren't certain about your hat size like you are your shoe size, remember that a proper fit is when the front of the cap rests right above your eyebrows and sits straight around your head.

2. Be open-minded: You can see Rhett had a wide range of influences growing up by looking at his playlist, which consists of Meghan Trainor, Paramore, and Eric Church. From classic country like Merle Haggard, to the Rolling Stones and Third Eye Blind, Rhett channels his favorite childhood music and pulls from different genres when composing a song. Rhett proves that taking chances often leads to greatness, so if you're hesitant about pitching an out-of-the-box idea at work, just think of how Rhett died his hair black at age 14 so he could be a drummer for a rock band. He turned out okay.

3. Quick doesn't have to mean sloppy: His beard may not be as renowned as other country musicians, but at least it only takes him 10 minutes to get ready before a show. This short prep time shows a little grooming can go a long way. For instance, Rhett uses beard oil to keep his facial hair hydrated and looking fresh. "When the time comes to tidy it up, I use clippers with a guard to trim it," Rhett says. He says his wife loves his beard, and she prefers it kempt instead of grizzly bear.

To keep his head hair looking as cool as his beard, Rhett uses his go-to grooming essential, Kevin Murphy Super Goo. For a sleek look that lasts all day, apply a dime-sized amount of the product to damp or dry hair and style it your own way.